

JUNE EVENTS 2022

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



KEY



liv responsibly event



liv well event



Event Benefiting The American Cancer Society's "Relay for Life"



liv connected event



TRX Suspension Trainer Workout
6:15pm - 7:00pm | Liv Fit

01



Feed the Homeless (Day 1)
2:00pm - 3:00pm | The Hub

02



HydroFit
9:00am - 9:45am | Pool



Feed the Homeless (Day 2)
10:00am - 12:00pm | The Hub



Food Truck Friday
5:30pm - 7:30pm

03

04



Garden Club
9:00am - 10:00am | Liv Garden



Yoga
5:00pm - 5:45pm | Liv Fit

05



Outdoor Bootcamp
6:00am - 6:45am | Liv Fit Courtyard

06

07



TRX Suspension Trainer Workout
6:15pm - 7:00pm | Liv Fit

08



Salsa Dancing
6:30pm - 7:30pm | Yoga Studio

09



HydroFit
9:00am - 9:45am | Pool

10

Grind & Grub
8:15am - 9:00am
Liv Fit Courtyard

Pancake Breakfast
9:00am - 10:00am | The Hub

11



Yoga
5:00pm - 5:45pm | Liv Fit

12



Outdoor Bootcamp
6:00am - 6:45am | Liv Fit Courtyard

13



Paint Party & Wine
6:00pm - 8:00pm | The Hub

14



TRX Suspension Trainer Workout
6:15pm - 7:00pm | Liv Fit

15



Salsa Dancing
6:30pm - 7:30pm | Yoga Studio

16



HydroFit
9:00am - 9:45am | Pool



Happy Hour | Father's Day Celebration
5:30pm - 7:30pm | The Hub

17



Salt River Tubing
9:00am - 11:00am | Salt River

18



Garden Club
9:00am - 10:00am | Liv Garden



Book Club
3:00pm - 4:00pm | The Hub



Yoga
5:00pm - 5:45pm | Liv Fit

19



Outdoor Bootcamp
6:00am - 6:45am | Liv Fit Courtyard

20

21



TRX Suspension Trainer Workout
6:15pm - 7:00pm | Liv Fit

22



Salsa Dancing
6:30pm - 7:30pm | Yoga Studio

23



Salt River Tubing
9:00am - 11:00am | Salt River

24



Kid's Club
9:00am - 10:00am | Playground

25



Yoga
5:00pm - 5:45pm | Liv Fit

26



Outdoor Bootcamp
6:00am - 6:45am | Liv Fit Courtyard

27

28



TRX Suspension Trainer Workout
6:15pm - 7:00pm | Liv Fit

29



Salsa Dancing
6:30pm - 7:30pm | Yoga Studio

30

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